



**Free webinar
series**

Building Psychosocial Capacity in Children's Research

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The Luminesce Alliance [Psychosocial Enabling Platform](#) invites researchers and clinicians to a series of five (free) one-hour workshops focused on building psychosocial and equity research skills in paediatric healthcare. Each session focuses on a different research skill, helping clinician-researchers strengthen their capacity to deliver high-quality, patient-centred research.

see next pages for details and to register

Thursdays 11am-12 midday	Topic	Presenters
30 July 2026	Introduction to qualitative research	Dr Lauren Kelada
3 Sept 2026	An introduction to co-design research with consumers and the community	Professor Sue Woolfenden & Dr Katarina Ostojic
1 Oct 2026	Distress Management in Research	Dr Kate Hetherington & Dr Sarah Ellis
29 October	Embedding psychosocial data collection within clinical trials	Dr Kate Hetherington & Associate Professor Joanna Fardell
3 Dec 2026	Consumer Engagement	Jennifer Henwood

Introduction to qualitative research: What, when, why, how?

Learning objectives:

- Understand the purpose of qualitative research and when it is appropriate
- Understand different types of qualitative methodologies
- Learn strategies for conducting interviews and focus groups
- Become familiar with qualitative analysis and software
- Understand best practice for reporting qualitative research

30 July 2026 11am – 12pm : completed

Dr Lauren Kelada is a Senior Lecturer at UNSW Sydney and the psychosocial strategic lead of the RarePOWER group aligned with Rare Diseases NSW. Dr Kelada has extensive experience with qualitative and mixed methods design, data collection and analysis, and commonly uses qualitative methodologies to implement and evaluate healthcare and mental health interventions for people with rare conditions and their family members.



An introduction to co-design research with consumers and the community

By the end of this webinar, participants will be able to:

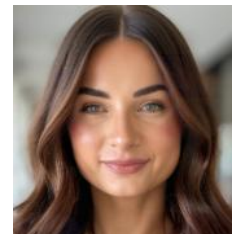
- Understand what meaningful consumer engagement looks like in practice, and how it differs from tokenistic consultation.
- Identify opportunities to embed consumer input across the research lifecycle, from grant applications through to dissemination.
- Recognise common pitfalls in consumer engagement and how to avoid them.
- Draw on case examples from health service research projects shared during the webinar.

3 September 2026 11am-12noon AEST : completed

Professor Sue Woolfenden is Director of Community Paediatrics at Sydney Local Health District (SLHD) and Professor of Community Paediatrics at The University of Sydney. In her clinical, service development and research roles she aims to address child health and health care inequities in Australia and globally through innovative integrated health-social service models.



Dr Katarina Ostojic is a Research Fellow at The University of Sydney and Adjunct Associate Lecturer with the Population Child Health Research Group, UNSW.



Distress management in research – Creating psychological safety for participants and researchers

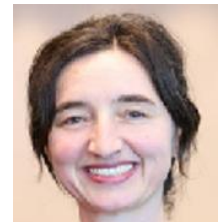
By the end of this webinar, participants will be able to:

- Recognise the principles of psychologically safe research
- Identify signs of participant distress during research
- Apply practical strategies to prevent and manage distress before, during, and after research participation
- Develop strategies to support and protect researcher wellbeing

1 October 2026 11am-12noon AEST via teams link:

<https://events.teams.microsoft.com/event/42da0005-1ef4-4cf0-b6d8-7c5f03b74787@3ff6cfa4-e715-48db-b8e1-0867b9f9fba3?source=copyLinkLegacyShareLinkDialog>

Dr Kate Hetherington is a Research Fellow and Clinical Psychologist based at the Behavioural Sciences Unit (BSU), School of Clinical Medicine, UNSW Sydney and the Sydney Children's Hospital, Randwick.



Dr Sarah Ellis is a postdoctoral research fellow and practising clinical psychologist in the Behavioural Sciences Unit, School of Clinical Medicine, UNSW Sydney where she co-leads the Patient Reported Outcomes and Quality of Life Team.

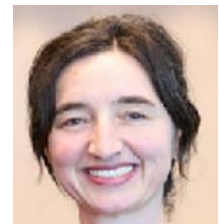


Embedding psychosocial data collection within clinical trials

Details to come

29 October 2026 11am-12noon AEST via teams link: link to come

Dr Kate Hetherington is a Research Fellow and Clinical Psychologist based at the Behavioural Sciences Unit (BSU), School of Clinical Medicine, UNSW Sydney and the Sydney Children's Hospital, Randwick.



Associate Professor Joanna Fardell is Deputy Director of Australia's largest psycho-oncology research groups - The Behavioural Sciences Unit, part of the Kids Cancer Centre at Sydney Children's Hospital.



"With Us, Not For Us: Meaningful Consumer Engagement In Research"

By the end of this webinar, participants will be able to:

- Understand what meaningful consumer engagement looks like in practice, and how it differs from tokenistic consultation
- Identify opportunities to embed consumer input across the research lifecycle, from grant applications through to dissemination
- Apply practical strategies for recruiting, onboarding, and working effectively with consumer representatives and advisory panels
- Recognise common pitfalls in consumer engagement and how to avoid them

3 December 2026 11am-12noon AEST via teams link:

<https://events.teams.microsoft.com/event/6a716d74-7174-4544-a1eb-79732cda7868@3ff6cfa4-e715-48db-b8e1-0867b9f9fba3>

Jen Henwood, Consumer Advocacy and Engagement Manager
has more than 15 years of experience across government, pharmaceutical and non-profit sectors. She also brings valuable lived experience as the parent of a child with chronic illness and disability, giving her a deep understanding of the realities of navigating paediatric healthcare systems.

